

# ALTERNATE MENU

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## APPETIZERS

Jumbo Shrimp Cocktail served with Lemon and Cocktail Sauce ♥ ◇

Marinated Chicken Skewers with Dipping Sauce ♥ ◇

Fresh Fruit of the Day with Sorbet ♥ ◇

## SALADS

Signature Salad

Mixed Seasonal Greens tossed in a light vinaigrette and topped with ♥ ◇  
Tomato, Cucumber, Carrots, Olives and Red Onions

Classic Caesar Salad

Crisp Hearts of Romaine Lettuce tossed in a creamy Caesar Dressing  
and topped with Croutons and Parmesan Cheese

Seasonal Fruit and Cottage Cheese Plate ♥ ◇

## HEART SMART OPTIONS

Orchard Hill Signature Smoothie

Apple, Banana, Cinnamon, Honey, Greek Yogurt and Ice blended until smooth ♥ ◇

Fresh Fruit Smoothie of the Day

Fresh Fruit, Greek Yogurt, and Ice Blended Smooth ♥ ◇

*(Smoothies can be ordered at any meal and are a great way to start your day)*

Steamed Catch of the Day with Steamed Mixed Vegetables ♥ ◇

Grilled Marinated Chicken Breast with Steamed Mixed Vegetables ♥ ◇

***ALL ITEMS Except Smoothies MUST BE PRE-ORDERED IN THE  
MORNING FOR DINNER SERVICE***

## ENTREES

House Made Maryland Style Crab Cakes ♥ ◇

Served with your choice of tarter of cocktail sauce

Orchard Hill Signature Stuffed Chicken

Cornbread stuffing with Apples and Cranberries inside a tender boneless skinless chicken breast basted with a seasoned sage butter.

Pasta with a Light Tomato Basil and Garlic Sauce topped with Parmesan Cheese Available with or without House Made Meatballs

## CATCH OF THE DAY

Ask your server for today's Catch ♥ ◇

Served Grilled, Baked, Steamed, or Fried

Grilled Marinated Chicken Breast ♥ ◇

## LIGHTER FARE

Fluffy Plain or Cheese Omelet

Choice of Roasted Ham or Turkey Sandwich with your choice of toppings

Seafood Salad with Celery, Lemon Juice and Mayonnaise

Tuna Salad with Onion, Celery, and Mayonnaise

Grilled Cheese Sandwich with American or Swiss Cheese on your choice of bread

Orchard Hill Club Sandwich

Turkey Lettuce, Tomato, Bacon and Mayonnaise on your choice of bread

List of Breads Available

Pullman White

Pullman Wheat

Seeded Rye

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## **SIDE DISHES**

Baked Potato  
Roasted Red Bliss Potato  
Baked Sweet Potato  
Mixed Vegetables  
Cottage Cheese  
Applesauce  
Pasta with Sauce or Plain

## **DESSERTS**

Ice Cream  
Sherbet  
Jello  
Fresh Fruit  
Fresh Baked Cookies

## **SUGAR FREE OPTIONS**

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Mixed Fruit  
Jello  
Applesauce  
Cookies